Cap & Gown Sizing Guidelines

Tam & Cap Size Conversion

Caps are one size fits all.

**X Small**
- Cap Size: 6 1/4
- Cap Size: 6 3/8

**Small**
- Cap Size: 6 1/2
- Cap Size: 6 5/8

**Medium**
- Cap Size: 6 7/8
- Cap Size: 7
- Cap Size: 7 1/8
- Cap Size: 7 1/4

**Large**
- Cap Size: 7 3/8
- Cap Size: 7 1/2
- Cap Size: 7 5/8

**X Large**
- Cap Size: 7 3/4
- Cap Size: 7 7/8
- Cap Size: 8

Weight Conversion

<table>
<thead>
<tr>
<th>Height</th>
<th>Regular</th>
<th>*1</th>
<th>*2</th>
</tr>
</thead>
<tbody>
<tr>
<td>4′10”-5′10”</td>
<td>up to 159</td>
<td>160-219</td>
<td>220-280</td>
</tr>
<tr>
<td>5′1-5′3”</td>
<td>up to 179</td>
<td>180-239</td>
<td>240-300</td>
</tr>
<tr>
<td>5′4”-5′-6”</td>
<td>up to 199</td>
<td>200-264</td>
<td>265-330</td>
</tr>
<tr>
<td>5′7”-5′9”</td>
<td>up to 229</td>
<td>230-294</td>
<td>295-360</td>
</tr>
<tr>
<td>5′10”-6′10”</td>
<td>up to 259</td>
<td>260-329</td>
<td>330-400</td>
</tr>
<tr>
<td>6′1”-6′3”</td>
<td>up to 284</td>
<td>285-354</td>
<td>355-425</td>
</tr>
<tr>
<td>6′4”-6′6”</td>
<td>up to 309</td>
<td>310-384</td>
<td>385-460</td>
</tr>
<tr>
<td>6′7”-6′9”</td>
<td>up to 330</td>
<td>330-404</td>
<td>405-480</td>
</tr>
<tr>
<td>6′10”-7′-0”</td>
<td>up to 349</td>
<td>350-429</td>
<td>430-510</td>
</tr>
</tbody>
</table>

*If the height and weight exceeds the above guidelines, the following measurements must be provided in addition to the height and weight:
- Chest
- Hip
- Sleeve length

The measurements need to be noted on the order form in special instructions.

*A wheel chair gown is a custome-made gown that opens in the back with a zipper in the front. This requires the following measurements:
- Chest
- Arm length
- Height, if applicable

*A gown for a pregnant customer is typically treated as normal. You will have to check with the customer to see how far into their pregnancy they will be at the time of the ceremony. When the customer gives you their height and weight check the chart above. If they are in a regular, they may need to go up to a *1, but in the same height range. If they are in a *1, they may need to go up to a *2. Please note this in special instructions on the order.